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the school.

# Emotional Abuse

## What is emotional abuse?

Emotional abuse is the on-going emotional mal-treatment or emotional neglect of a young person. It's sometimes called psychological abuse and can seriously damage a young person's emotional health and development.

Emotional abuse can involve deliberately trying to scare or humiliate a young person or isolating or ignoring them.

Young people who are emotionally abused are usually suffering another type of abuse or neglect at the same time – but this isn't always the case.

## How to get help

Speak to any member of staff at school.

## Other support :

[nspcc.org.uk](http://nspcc.org.uk) 0808 800 5000

ChildLine 0800 1111 (24 hours)